

**VITA** is an amazing liquid vitamin that contains a blend of whole foods that may provide the phytonutrients, vitamins, minerals, trace minerals, and amino acids your body needs for optimal health and vitality. The Aloe Vera base supplies digestive enzymes, and its combination of Vitamins may sky rocket natural energy and stamina. Sea vegetation provides some of the nutrients in this well-rounded formula and because it contains whole foods and is liquid, there may be no product with a higher absorption rate.\*

- **Organic Sea Vegetation \***
- **Higher Absorption Rate \***
- **Delicious Tropical Fruit Flavor\***

## Supplement Facts

Serving Size 2 Tablespoons (29.6 mL)  
Servings Per Container 32

	Amount Per Serving	%Daily Value
Calories	25	
Total Carbohydrate	5 g	2%*
Total Sugars	4 g	†
Includes 4 g Added Sugars		8%*
Protein	1 g	
Vitamin A (as beta carotene)	1,500 mcg	167%
Vitamin C (ascorbic acid)	300 mg	333%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as alpha tocopheryl)	7.2 mg	48%
Vitamin K (as phytonadione)	50 mcg	42%
Thiamin	15 mg	1,250%
Riboflavin	18 mg	1,385%
Niacin (as niacinamide)	30 mg	188%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	588%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	2,083%
Pantothenic Acid (as calcium pantothenate)	50 mg	1,000%
Potassium	150 mg	3%

<b>Whole Food Complex</b>	3.6 g	†
Honey, Aloe Vera Inner Leaf, <i>Eleutherococcus senticosus</i> (Siberian Ginseng Root), Ginkgo Leaf		
<b>Organic Sea Vegetation Complex</b>	1.2 g	†
<i>Alaria valida</i> Leaf, <i>Costaria costata</i> Leaf, Gigartina Leaf, Laminaria Leaf, Nereocystis Leaf, <i>Ulva lactuca</i> Leaf, <i>Ulva linza</i> Leaf		

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Water, Sucrose, Citric Acid, Natural Fruit Flavors, Potassium Benzoate (to preserve freshness), Potassium Sorbet (to preserve freshness).

**Directions:** SHAKE WELL BEFORE USING. Take 2 tablespoons (1 fl. oz.) daily as a dietary supplement. As with any natural product, color and taste may vary. Children under 2 years of age cannot digest honey and should not take VITA. Refrigerate after opening.

Our Organic Sea Vegetation Complex contains natural levels of the following:

**Minerals:**

Copper, iodine, magnesium, manganese, phosphorus, zinc

**Trace Minerals:**

Antimony, barium, beryllium, bismuth, boron, bromine, cadmium, caesium, carbon, cerium, chlorine, chromium, cobalt, fluoride, gallium, indium, iridium, lanthanum, lithium, molybdenum, niobium, nitrogen, osmium, oxygen, palladium, rhodium, rubidium, selenium, silver, sodium, strontium, sulfur, tellurium, thallium, thorium, tin, tungsten, vanadium, zirconium

**Amino Acids:**

Alanine, arginine, aspartic acid, cystine, glutamic acid, glycine, isoleucine, leucine, lysine, methionine, phenylalanine, proline, serine, threonine, tyrosine, valine

**Enzymes:**

Amylase, lipase, papain, pepsin, ptyalyn