

Max BCAA

Branched Chain Amino Acid Complex

**Rapid Recovery
& Repair Formula**

Max BCAA by MMSN has been formulated to help supplement the body with the amino acids Leucine, Isoleucine and Valine. These specific amino acids comprise what are known as Branched-Chain Amino Acids (BCAA's). These amino acids are found in high concentration within muscle tissue (app. 35%). They are needed for the maintenance of muscle and may preserve glycogen stores and help prevent muscle protein breakdown during exercise.[†]

Studies have shown that **BCAA** supplementation may increase nitrogen retention, which minimizes the loss of lean muscle tissue during dieting and intense training. Studies also show that supplementation of **BCAA's** may increase the amount stored within the muscle after training. This may reduce recovery time and aid in the repair of muscle tissue. MMSN has also included B-6, B-12, and zinc to help optimize protein assimilation and recovery.[†]

Max BCAA is a powerful formula to help bodybuilders and active individuals get the most from their diet and exercise program.[†]

Size: 60 Softgels
Serving Size: 1 Softgel
Servings Per Container: 60

KEY FEATURES

- Synergistic Blend of Branched-Chain Amino Acids[†]
- Increase Strength[†]
- Build Lean Muscle[†]
- Recover Faster[†]

KEY MESSAGES

- Contains a full 1.2 grams of the BCAA L-Leucine, and 600 mg each of the BCAA's L-Isoleucine and L-Valine.
- Muscles contain approximately 35% Branched-Chain Amino Acids so it is important to keep them fueled with a quality BCAA formula when training intensely.[†]
- BCAA's are necessary for the maintenance of muscle and may prevent muscle protein breakdown during exercise.[†]
- BCAA's may increase nitrogen retention minimizing the loss of lean muscle tissue during dieting and intense training.[†]
- BCAA's may increase the amount stored within the muscle after training, reduce recovery time and aid in repair of muscle tissue.[†]
- Max BCAA includes the vitamins B-6, B-12 and the mineral Zinc to help optimize protein assimilation and recovery.[†]

TARGET MARKET

Primary: Bodybuilders and athletes on calorie-restricted diets that demand higher levels of amino acids for recovery and muscle growth.

RECOMMENDED STACK

- Max MRP
- Max Vit-Acell
- Max Cleanse & Lean
- Max Lean 24 Hr System
- Max Zyme
- Max Glutacine

Your assurance of quality[®]

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Max BCAA

100 Tablets

Size: 180 Tablets**Serving Size:** Four (4) Tablets**Servings Per Container:** 45**Supplement Facts**

Serving Size: 4 Tablets

Servings Per Container: 45

	Amount Per Serving	% DV*
Vitamin B6 (as pyridoxine HCl)	5mg	250%
Vitamin B12 (as cobalamin)	6mcg	100%
Zinc Oxide	5mg	33%
Max BCAA Blend		
L-Leucine	1.2g	**
L-Isoleucine	600mg	**
L-Valine	600mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Stearic Acid.**Directions:** As a dietary supplement to aid in muscle growth and recuperation, take 4 capsules 30-60 minutes after your workout with water.**Allergy Information:** Manufactured in a facility that processes milk, egg, shellfish, tree nuts, wheat and soy.

Keep out of the reach of children. Store in a cool dry place away from sunlight. Keep tightly sealed.

To report any adverse events call 1-800-332-1088.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.