

# Max Green Synergy

## Comprehensive Greens and Fruit Blend Formula

Max Muscle Sports Nutrition (MMSN) is proud to introduce **Max Green Synergy**, an all natural, comprehensive and proprietary blend of Greens, Antioxidants, Fruits, Gastrointestinal (GI) Support and Fiber ingredients. There is virtually a treasure chest of phyto (plant) nutrients containing hundreds, if not, thousands of bioactive compounds to stimulate cleansing and support optimal health and wellness.† **Max Green Synergy** is all natural and whole food nutrition at its best. The Greens Blend is composed of the most popular green foods and also rich in chlorophyll for detoxification. The Antioxidant Blend and Fruit Blend are generally the best sources of antioxidants like polyphenols, carotenoids, terpenes and flavonoids. The Gastrointestinal Support Blend contains highly concentrated aloe vera inner filet gel certified by the International Aloe Science Council (IASC). Aloe vera is used worldwide to support GI, skin and overall healing and health. The benefits of **Max Green Synergy** are numerous, supporting many systems of the body including the digestive system, immune system, gastrointestinal (GI) system, nervous system, and cardiovascular (heart) system.† **Max Green Synergy** also supports the detoxification functions of the liver.† Each serving provides essential amino acids, vitamins, minerals, enzymes, phytonutrients, including polyphenols and antioxidants. **Max Green Synergy** is all natural and a whole food nutritional supplement containing no artificial ingredients of any kind. Max Green Synergy is also 100% vegetarian/vegan containing no animal, dairy (lactose-free) or egg products. **Max Green Synergy** is a convenient and great tasting way to get the wonderful vital greens everyday. Drinking your vegetables has never been so easy.

Please read all warnings and directions before taking this product. Consult a physician before starting any diet or exercise program.



**Size:** 318 gm (11.2 oz)  
**Serving Size:** One (1) Scoop (Approx 10.6g)  
**Servings Per Container:** Thirty (30)  
**Flavor:** Natural Berry Flavor

### KEY FEATURES

- Comprehensive Greens and Fruit Blend Formula
- Powerhouse of Phytonutrients
- Rich in Antioxidants
- Contains Probiotic Cultures to Support GI Health
- Contains Concentrated Aloe vera (inner filet)
- 100% Vegetarian/Vegan
- All Natural – No Artificial Colors or Flavors
- Non-Dairy and Lactose-Free
- No Fillers, Binders or Excipients
- Mixed Berry Flavor

### KEY MESSAGES

- Each serving of Max Green Synergy has the approximate equivalent to 1 to 2 servings of fruits and vegetables.†
- An easy and convenient way to help meet the USDA recommended 5-9 servings of vegetables and fruits per day.†
- Contains comprehensive and scientifically-formulated Greens Blend, Antioxidant Blend, Fruit Blend, Gastrointestinal Support Blend and Fiber Blend.†
- The Greens Blend is rich in chlorophyll and powerful phytonutrients in a simple, concentrated and highly bioavailable form.†
- Each serving of the Max Green Synergy provides a rainbow of essential amino acids, vitamins, minerals, enzymes, phytonutrients, including polyphenols, antioxidants and other bioactive food whole food components. These bioactive constituents support the health of many internal organ systems, defense and immune mechanisms, detoxification mechanisms and overall well-being.†

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Your assurance of quality®

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**32 fl. oz. (960 ml)**

**Size:** 318 gm (11.2 oz)  
**Serving Size:** One (1) Scoop (Approx 10.6g)  
**Servings Per Container:** Thirty (30)  
**Flavor:** Natural Berry Flavor

## Supplement Facts

Serving Size: One (1) Scoop (Approx. 10.6g)  
 Servings Per Container: Thirty (30)

	Amount Per Serving	%DV*
Calories Per Serving	40	
Calories from Fat	0	
<b>Total Fat</b>	0.5 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	60 mg	2%
<b>Total Carbohydrates</b>	7 g	2%
Sugars	1 g	**
Fiber	3 g	12%
<b>Protein</b>	2 g	4%
Vitamin A (as Beta-carotene) 8%    Vitamin C 0%    Calcium 6%    Iron 15%		
<b>Green Blend:</b>	4.3 g	†
Spinach powder, alfalfa leaf powder, spirulina powder, wheat grass powder, barley greens powder and carrot powder		
<b>Antioxidant Blend:</b>	1.0 g	†
Green tea powder and grapeseed extract (98% polyphenols)		
<b>Fruit Blend:</b>	1.5 g	†
Blueberry powder, cranberry powder, blackberry powder, strawberry powder, cherry powder, and pomegranate fruit extract (40% polyphenols)		
<b>Gastrointestinal Support Blend:</b>	900 mg	†
Aloe vera gel ( <i>Barbadensis Miller</i> ) inner fillet dehydrated powder 200X, soy lecithin and pro-biotic cultures (dairy free, 2.5 billion/gm)		
<b>Fiber Blend:</b>	2.3g	†
Fibersol-2™ (indigestible polysaccharide), apple fiber and oat bran fiber		

\*Percent Daily Values are based on a 2000 calorie diet.  
 †Daily Value not established.

**Directions:** As a dietary supplement mix one heaping scoop (approximately 10.6 gm) with eight (8) ounces of pure cold water or juice of choice. Stir briskly or shake in a closed container until mixed. Max Green Synergy can also be added to your favorite protein drink. Mixes instantly and tastes great. Best if consumed within 30 minutes of preparation, or if refrigerated, within 72 hours. Use once or twice daily or as directed by your qualified healthcare provider.

**Other Ingredients:** Lo Han fruit concentrate (*Momordica grosvenori*) and natural berry flavor.

**ALLERGY INFORMATION:** Contains soy (derived from lecithin). Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

**WARNING:** Consult a Physician before starting any diet and exercise program and before using this product. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience unexpected side effects. If pregnant, nursing or taking prescription medications, consult a licensed healthcare practitioner prior to use.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

## KEY MESSAGES (Continued from Page 1)

- The Antioxidant Blend contains bioactive food components like polyphenols, carotenoids, terpenes and flavonoids that support a wide range of health benefits.†
- Max Green Synergy provides 3 grams of beneficial soluble and insoluble fibers per serving.†
- Each serving contains concentrated Aloe vera (*Barbadensis Miller*) inner fillet gel. The *Barbadensis Miller* genus & species is believed to be the most potent and nutrient-rich form of Aloe vera.†
- The Aloe vera contained in Max Green Synergy is certified by the International Aloe Science Council for Content and Purity. The Aloe vera is also certified Kosher.†
- Awesome complement with with any of Max Muscle's protein powders.†

## TARGET MARKET

**Primary:** The American Public Health Association has concluded that Americans are not eating enough vegetables and fruits. Max Green Synergy is an easy and convenient way for anyone to help meet the USDA recommended 5-9 servings of fruits and vegetables per day.

**Secondary:** Anyone interested in adding whole food vitamins, minerals, phytonutrients, antioxidants and both soluble and insoluble fibers to their diet. Anyone interested in adding probiotic cultures to support GI health.

## RECOMMENDED STACK

- Iso-Extreme
- High 5
- Max Gourmet
- Primo Max
- Max Lean Protein
- Big Max
- Max Glutamine
- Gluta-Matrix
- Vit-Acell
- Max EFA

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.